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5<sup>th</sup> February 2024



## Safer Internet Day 2024



Dear Parent/Carer,

On **Tuesday 6th February 2024**, it is **Safer Internet Day** and we will be focusing on how to keep safe on the internet. Research shows that 54% of 3-4 year olds own their own device and on average that age group spend more than 6 hours a week online! There are benefits to children being online at this age however there are also many risks and it is important that we as their parents and educators become aware of these risks and how to support our children to reduce them.

### Class based learning

We will be showing the children a story about Smartie the penguin which explains in an age appropriate way what to do when things change when using a device e.g. pop ups, messages, images. We will upload the story to Seesaw so that you can see it.

### Parent/Carer Information

We will also be sharing some information that is for you as parents/carers which gives advice on how to set boundaries, balance screen time and also about gaming. These will be sent home on Seesaw and via the messaging app. Alternatively, you can access the internet matters website directly:- <https://rb.gy/0lw2g>

### Parent/Carer and Child Activity

We would really appreciate it if we can work in partnership with this and if you could show them the Jessie and Friends video for their age group (4 years) and discuss it with them. The key message throughout *Jessie and Friends* is that if a child is ever worried by anything online, they should tell a grown-up they trust, who will help them. This reinforces the message we will be delivering through the Penguin stories. [https://www.thinkuknow.co.uk/4\\_7/4-5/](https://www.thinkuknow.co.uk/4_7/4-5/)

### Older Children

If you have older children, you will find lot of resources that will help you discuss using the internet safely with them on the think u know website and internet matters.

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## Recommended apps for under 5 year olds

If you would like to access online Apps to encourage creativity, learning and development. Internet Matters website recommends the following for our age group:-

	<p><a href="#">YouTube Kids</a></p> <p>Made for young kids, this child-friendly version filters out inappropriate content and hides comments on videos giving parents peace of mind and a child a safe online viewing experience.</p> <p>Download as an <a href="#">Android</a> or <a href="#">iOS</a> app.</p>		<p><a href="#">Fisher Price Apps</a></p> <p>Designed for the way kids play today and can be used at home or on the go. All based on learning concepts and all free to download on iOS from Apple and Android via Google Play or Amazon.</p>
	<p><a href="#">Sky Kids App</a></p> <p>The Sky Kids app offers a fun and safer way for pre-schoolers to nine-year-olds to enjoy a wide range of popular kids TV. Parents have been involved in the development of the Sky Kids app. The result is an app that kids will love, supported by safety features that parents need.</p>		<p><a href="#">BBC iPlayer Kids</a></p> <p>BBC iPlayer Kids app gives children easier access to their favourite programs, while parents can be confident they're watching shows appropriate for their age and free from adverts. Simply login to your BBC iPlayer account to set up a child's account.</p>
	<p><a href="#">Lingokids</a></p> <p>Lingokids offers educational games, picture dictionary, language learning videos, songs for children to teach English to children from 2 – 8 years of age, designed with Oxford University Press content</p>		<p><a href="#">CBeebies Storytime App</a></p> <p>This app aims to make reading fun, with playful and imaginative stories designed to help support early years reading. All apps are free to download on <a href="#">Apple</a> and <a href="#">Android</a>, or <a href="#">Kindle Fire</a>.</p>
	<p><a href="#">Duck Duck Moose Apps</a></p> <p>Duck Duck Moose Apps are Free educational apps that allow young children to explore and learn in a safe and fun environment. The range of apps covers; reading, emotions, maths,</p>		<p><a href="#">Breathe, Think, Do with Sesame</a></p> <p>This is a digital wellbeing app using Sesame Street's monster character to share with your child to help teach skills such as problem-solving, self-control, planning, and task persistence.</p>

Yours sincerely,

Jennifer Trimmings, Co-Principal

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